

GUMNUT GROVE



Childcare Centre

Volume 10, Issue 7 July 2016

Director's Report



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Clare's Recipe

Info on Encouraging children to try new foods and managing fussy eaters

Belonging, Becoming and Being- All children experience learning that is engaging and builds success for life.

Welcome to our July newsletter, what a busy and wet month we have had. The children have coped so well with being stuck inside for a very long time. But we look forward to the dryer and warmer weather coming.

The children in the Butterfly room have still been heavily involved in our sea creatures theme and we thank our families for helping us with this major interest of the children's.

Recently we all enjoyed our pyjama under the sea days, the children loved wearing their pyjamas to Gumnut for the day and we made fish cupcakes and star fish biscuits and enjoyed an under the sea lunch prepared by Clare.

We are now selling tickets for our Spring Ball, which is guaranteed to be a fun filled evening. The Spring Fling is on Saturday 17th September at the Young Services Club at 6pm. \$50 per ticket, finger food provided. Tables of 10 or single tickets will be sold. So please get your friends together for a fun night out, all money raised will go towards the Gumnut Grove kitchen upgrades. We are also taking kind donations for prizes for the evening, if you would like to donate a prize, please see me, or if you have any questions please do not hesitate to ask.

I am pleased to announce we are half way there with our kitchen renovations with a grant being approved last week, which is wonderful news.

Don't forget school photos Monday 8th August, Thursday 11th August and Friday 12th August. Please send your child dressed in their photo clothes, if your child needs to be changed please inform a staff member, who will be more than happy to change them.

As the Olympics approach Gumnut Grove will celebrate these with a mini Olympic week, due to school photos we will be holding our mini Olympics from Monday 15th August till Friday 19th August, we will ask the children to come dressed in either aussie colours or active wear to participate in events, we will also celebrate a different country each day with a multicultural menu.

Kind Regards

Meghan Pratt

Caterpillar News

The Caterpillar Room has obviously spent a lot of time inside due to the weather. Any chance we have had, we have been outside. Please remember to keep bringing coats, jackets and beanies.

On that note, with the cold weather comes the colds and flu season.

Please inform staff if your child has been unwell, or if you have any concerns. If your child requires Panadol, then maybe they are not well enough to attend. Bring on the warmer weather!

The children have been busy with various weather themed arts and crafts and if you have a look around the room you will see the raindrops, umbrellas, snow flakes and suns.

This year we have been putting your children's art into a book for you to have at the end of the year. We find it easier for you to keep all their precious art work together this way. If you would like to see their art, please ask a staff member and we can show you. The children's journals are also available for you to view as well, please feel free to look at these. If you aren't sure where they are kept, again, please ask, we are only too happy to show you how clever your children are!

The children were surprised and delighted when we bought the bikes inside and made a track around the room.

Music sessions in the afternoon have included "The Hokey Pokey", "Sandy Girl/Boy" and a couple of the children requested the "Wiggles" again so we have continued with that.

Music sessions with Margaret, from the Young Regional School of Music are now on a Wednesday this term. The children on Wednesday really enjoyed the session and we look forward to next week.

If your child has a favourite book they like to read at home and you feel they would like to share it with us, please feel free to bring it in and we can read it during morning group time. The children show great pride and excitement when they contribute to our group times.

Transition Group:

Transition group has been threading, bean bag throwing and colour matching. We have read "10 Green Geckos" and "When the Moon Smiled". The transition group children have been really enjoying this little group time.

The Caterpillar Staff

Butterfly News

Wow we have had a very busy month in the Butterfly Room, the children have still keenly been re-searching sea animals, the children are still coming up with sea creatures or arctic animals that they are keen to research. We thank all our families for taking such a keen interest in the children's interest and assisting us with books, photos or even ideas. Thank you this has been a wonderful investigation!!

We have all managed to stay nice and warm and dry as we have been pretty well stuck inside for the past 3 months, the children have been amazing and have coped exceptionally well, and have been kept very busy and releasing energy through music and dance where needed.

The school group children are having so much fun in school group and they love this special time every day, at the moment our focus is still on fine motor skills and cutting skills. We have also been focusing on shapes, shape recognition, labelling and drawing shapes, as you will have noticed. Our activities have also involved shapes with one of our favourites being colour shape bingo. We have noticed a huge maturity and growth in every child since beginning school group, and hope you have noticed this at home too. If you have any questions or want to see how your child is progressing in our school group please speak to either Meghan or Carlie. In the coming months we will commence our visits to the schools to experience a morning in kindergarten, which will be very exciting!

The junior group has been busy learning new songs and rhymes and we are having lots of fun playing colour' games. Our favourite game this month has been colour Bingo' where not only do they get to name and recognise up to 9 different colours, but they are also learning how to take turns. News has been a great success! The children have loved sharing their favourite toys, photos and family news with their friends. A new calendar for August with your child's 'News' day will be placed in your pocket this week. As we have so many children in our Junior Group this year we have limited our news time to just 3 children per day. If your child misses their news day please wait for their next allocated day to bring in their news. Extra news items means that some children have to have their time cut short in order to fit everyone in.

Next week we look forward to having Dave from the Post office visit us in the butterfly room as there has been children who have been showing a great interest in the mailing system and we thought we would take this opportunity to extend upon this interest. Dave will be bringing a post box to the centre and explaining the process with the children. Each child will then "buy" a stamp from Dave and take it to send a letter to a peer at Gumnut. We are very excited about Dave joining us and assisting us with this interest.

Until next month,

Meghan, Deb, Carlie, Danielle, Jill and Ashley.



Chicken and Sweet Potato pie

Ingredients:-

1 cold chicken

5 eggs

125gms grated cheese

1 Cup SR Flour

1 Cup grated Sweet Potato

3 T Oil

1/2 medium onion— chopped finely

1/4 teaspoon salt

1/4 teaspoon parsley flakes

Method:- Mix all together and place in a pyrex dish. Cook 180 degrees until golden brown.
Serve with salad and vegies.

Chicken and Vegetable Mornay

Ingredients:-

1 Cold Cooked Chicken

1 Litre of White Sauce

An assortment of vegetables such as potato, carrot, sweet potato and pumpkin

Method:- Make White sauce, Dice vegies to 2 1/2 cm squares and cook until tender, drain well. Break up chicken and place in pyrex dish, sprinkle over vegies. Pour white sauce over all and sprinkle with grated cheese. Place in oven at 180 degrees and cook until golden brown.

Serve with green veggies.

