

GUMNUT GROVE



Childcare Centre

Volume 10, Issue 4 March 2016

Director's Report



Director's Report-
Page 1

Caterpillar News

Butterfly News

Clare's Recipe

Munch'N'Move fact
sheet

Belonging, Becoming
and Being- All children
experience learning that
is engaging and builds
success for life.

Welcome to our March newsletter, I can't believe Easter has been and gone. I hope everyone had a lovely Easter and the Easter bunny found all our special children. Thank you to all our wonderful families who came to support our Easter Hat parade last Thursday, the children loved singing the songs and dances we had prepared for many weeks. A big thank you also goes to our parents for assisting their children with making their Easter hats, so many families have told me how much their children enjoyed making their hats with their parents, and they looked wonderful. All the children loved parading their hats off to all the families who were fortunate to see the parade.

We still have some boxes of chocolates to sell, so if you are able to take another box of chocolates it would be very much appreciated.

As most of you are aware we are going to be holding a spring ball as a fundraiser for Gumnut this year, it will be held on Saturday 17th September at the Young Services Club. Tickets will be \$50 per person including finger food, and DJ music Springy. Please save the date and if you can gather 10 friends to a table that would be great, alternatively we will have tickets available for people to join a table as well. More details to come soon and tickets available shortly.

We are also looking for donations from businesses either cash or gifts or vouchers for prizes on the night. If you can help us please see me. Thank you!!

Kind Regards

Meghan Pratt

Caterpillar News

Welcome back to the Caterpillar news. We hope you all had a lovely and safe Easter spent with family and friends. It was lovely to see you come along to the Easter hat parade. The children did a marvellous job singing and parading their beautiful hats.

This month the children have been extremely busy within their room, discovering new things and making friends along the way. We have changed our room around and set up new experiences for the children which they have responded well too. The baby/home corner has been a big hit amongst them so this was left out and extended upon. We have all participated in different art and craft experiences which the children have loved and it has also helped with settling in the mornings. If you look around our room you will notice all the different work of art we have created using different instruments and skill. If you have any input on the program or know of a recent child's interest we would love to hear from you as we value parent input and would like to use these as extensions to our experiences.

A few weeks ago we had a visit from Mr Bamboozle, the magic man. The caterpillar room got to go down and join the big end as we watched in anticipation. He was great and very quirky. The children were engrossed in his amazing magic tricks and even thought he was funny. We can't wait for him to come back.

Over the coming month we will be continuing our art and craft as well as preparing some special treats for our Mummy's on Mother's Day. Outside play will be crucial this month as we prepare for a cold winter spent indoors.

Reminders:

As the weather changes we ask that you bring a range of different clothes for your child to accommodate the weather.

Please remind the staff each morning on information regarding your child such as bottle times, sleep times and general wellbeing. This helps us to provide the best possible day for your child.

If your child has had Panadol within the last 12-24 hours it is important that you let the staff know.

Please label ALL items. Clothes, hats, dummies, bottles, sheets ext. Staff at Gumnut always endeavour to return items but it can get quite confusing for busy staff without identification.

Thankyou

Butterfly News

This month in the Butterfly Room the children have had their sensory skills challenged with a rice and pasta feely box, their thinking skills challenged with 3D puzzles and 'Kid I knex' construction and used their creative skills at the easel with 'magic' painting (using candles and edicol paint) as well as collage and pastel paint and fine brushes.

Our supermarket has been an extremely busy area and the children have demonstrated some beautiful examples of co-operative play with the children taking turns at the cash registers and imaginative play taking their babies to Woollies, Aldi or Donges! Not to mention our newly acquired shopping trolleys. Very popular!

We have begun talking about our bodies this month. Maeve's grandmother has lent us an amazing book that explains how our bodies work. We have had some wonderful discussions on why we need a brain and how our muscles work. We have measured our height and are currently in the process of tracing around our bodies and drawing our different internal organs (heart, brain, stomach, etc.). The children have been fascinated and are very keen to learn more about themselves.

We have begun meditation this month for the children who no longer sleep during the day. The children are learning how to focus, listen and imagine. We have also talked about how relaxing our muscles gives us lots more energy to play in the afternoons. After just two weeks, the sessions have been extended to $\frac{1}{2}$ an hour in duration. It is now a mad scramble to get the best cushion and best position on the mat after lunch!

However the biggest event this month has been Easter! The children painted eggs and bunnies to decorate our room and there was much discussion about decorating Easter hats! The children also worked very hard on their Easter concert, learning new songs and practising for their Easter hat parade. They all did such a wonderful job singing and parading!

Until next month,

Meghan, Deb, Carlie, Danielle, Jill and Ashley.



We have had a parent request for the recipe of Chicken Volavaunts

Chicken Volavaunts

1 loaf of white bread/ Volovaunt cases, cut and semi cook into muffin pans and set aside.

1 heaped teaspoon onion flakes

1/2 cold chicken

Grated cheese— to sprinkle on top

2 T butter

1/4 cup P flour

500 mls milk

1 teaspoon chicken stock

1 teaspoon parsley flakes

Method:-

Make white sauce first, melt butter then add flour and stir, add milk and stir until forms a white sauce., add onion flakes, chicken stock and parsley flakes. Once white sauce is done stir chicken into white sauce. Then pour into bread or volavaunt cases and sprinkle with cheese. Bake for 20–25 minutes until golden brown. Serve with vegies or salad.

Savoury Muffins

Ingredients:-

4 eggs

1 medium can creamed corn

2 rashers bacon

1/2 small finely chopped onion

1 cup grated cheese

1/2 cup grated carrot

1/2 cup grated zucchini

1 cup Self raising Flour



Method:-

Mix all together; add milk to make a thick mixture (like a cake).

Grease muffin tins. Fill pans 1/2 full.

Cook at 170oC for approx 15 minutes until golden brown.

Enjoy.